

A career development program designed to provide you with the time, theory and practical support to craft the career that is right for YOU.

ONLINE TRAINING PROGRAM - Commencing Tuesday 21 July 2026

About the program

Career YOU is a Career Development Program designed for women and those from underrepresented groups who are looking to set bold goals to support their ambitions in the early stages of their career in the healthcare and medical research sector.

The Career YOU pilot program includes five online live training modules delivered across July to September 2026 (see full program schedule on the following page).

Based on the program designed by Franklin Women in 2025, this AAMRI-led facilitated program will support participants to identify their strengths and values, get clear on their career goals, and create a practical action plan to achieve them.

Participants will join a small, diverse, and dynamic group of participants at a similar career stage, creating a supportive community to learn, share, and grow together.

The Career YOU experience



Virtual classroom

5 virtual modules delivered live over 10 weeks, with recordings for on-demand replay.



Expert guidance

Learn from skilled facilitators with expertise in STEMM and career development.



Interactive learning

Limited to 30 participants for dynamic discussions and small group activities where everyone is heard.



Step-by-step progress

2-3 hours per module plus 1-2 hours of workbook activities every 2 weeks to maintain momentum.



Take home workbook

Expert-designed with practical tools, exercises and resources to help with ongoing growth.

Who should participate

Career YOU has been designed for those:

- in the **early to mid-stages of their career** (post-graduate students are welcomed)
- working in **any discipline, role or organisation** within the Australian healthcare and medical research ecosystem - including researchers and professional staff.

In 2026, the program is **expanding nationally to women and those from underrepresented groups**, including LGBTQIA+, Neurodiverse, Aboriginal and/or Torres Strait Islander, Refugee, Migrant, English as a second language (ESL), Culturally and racially marginalised (CARM), and Disabled and/or with chronic health conditions representatives.

Training session dates

Delivered via five online live Zoom modules, Career YOU is facilitated by an expert STEMM career coach and incorporates dynamic classroom discussions to enable peer-to-peer learning.



MODULE 1 - Strengths Deep Dive
Tuesday 21 July, 12-3pm (AEST)



MODULE 2 - Career Goals
Tuesday 4 August, 12-2pm (AEST)



MODULE 3 - Career Toolbox
Tuesday 18 August, 12-2pm (AEST)



MODULE 4 - Insights from Experience
Tuesday 1 September, 12-2pm (AEST)



MODULE 5 - Take Action
Tuesday 15 September, 12-2pm (AEST)

Recordings for each session will be made available.

**ENROLMENTS CLOSE
IN JUNE, WITH ONLY
30 SPACES AVAILABLE**

Pricing

\$550 + GST

AAMRI member institute
employees (full and affiliate)

\$850 + GST

All other participants

**FOR MORE INFORMATION
VISIT [AAMRI.ORG.AU/CAREERYOU](https://aamri.org.au/careeryou)**

